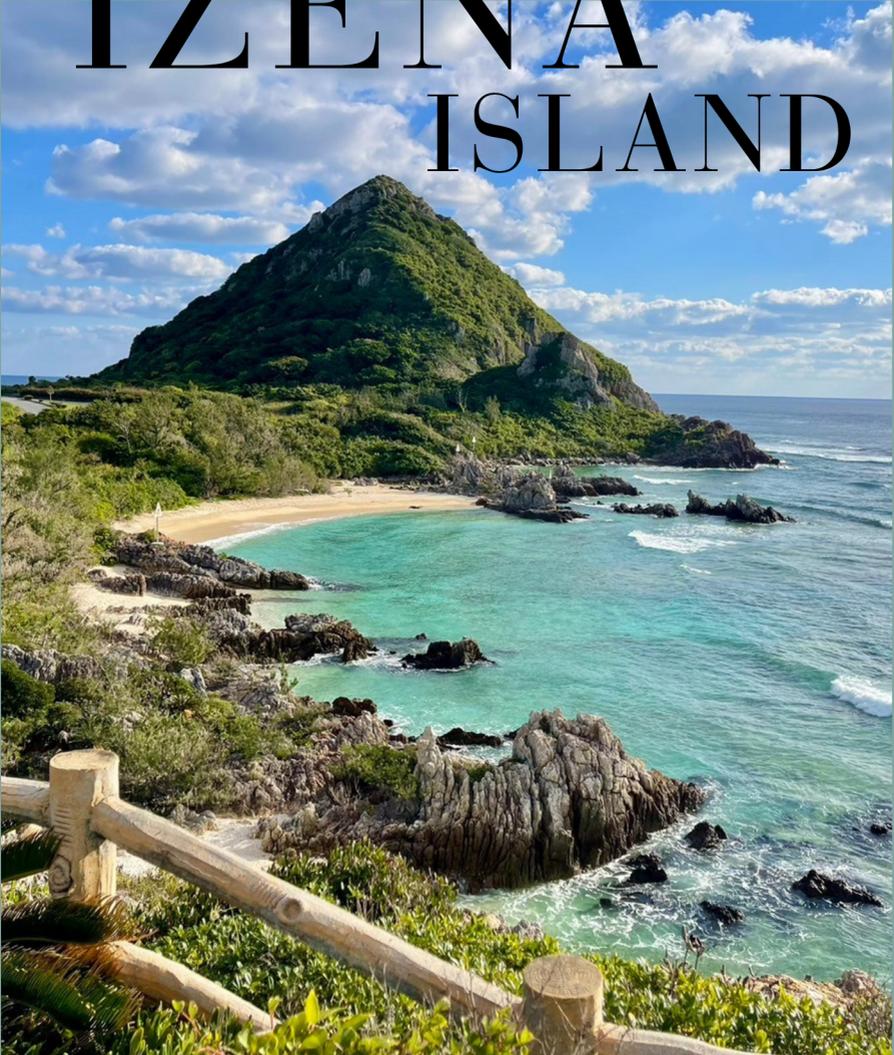


Travel to
Discover the Island

Your Complete Guide to Experiencing the Island

IZENA OKINAWA JAPAN
ISLAND



CONTENTS

- 01 Cover
- 02 Contents
- 03 Travel Tips for the Island / Access
- 04 Stay(Accommodations)
- 05 Stay (Homestays & Community Halls)
- 06 Eat (Lunch & Bento)
- 07 Eat (Izakaya & Other Dining)
- 08 Things to Do (Marine Activities & Fishing)
- 09 Places to See (Sightseeing Spots)
- 10 Activities (Hands-on & Cultural Activities)
- 11 Garbage Disposal Rules & Island Manners
- 12 Shopping (Local Stores)
- 13 Shopping (Souvenirs)
- 14 Festivals, Traditional Events & Seasonal Celebrations
- 15 Emergency Contacts
- 16 Back Cover Island Map



Travel Tips

Area : 14.16km²

Coastline Length : 16.7Km

The island has a population of just under 1,200. There is one traffic light, one elementary school, and one junior high school. There are no high schools, convenience stores, buses, or taxis. This is a small, remote island with unspoiled nature. We invite you to visit with a relaxed and unhurried mindset.

About the Information in This Guide

Information on operating hours, prices, and services is provided for reference only.

As many businesses are family-run, temporary closures may occur.

Thank you for your understanding.

How to Access the Island

STEP① Fly to Naha Airport



STEP② Travel to Unten Port, Nakijin Village by bus or rental car

(1) Yanbaru Express Bus (approx. 3 hours)

(2) Taxi or Rental Car (approx. 2 hours)



STEP③ Take the ferry from Unten Port to Island

Ferry Izena Shoen (approx. 55 minutes)

Ferry Schedule

From Unten Port: ① 10:30 / ② 15:30

From Izena Island: ① 09:00 / ② 13:30

Check the ferry schedule on the day.

Ferry operations may change due to weather, events, or vessel maintenance.

Please check "Today's Ferry Information" on the Izena Village official website before departure.

Updated daily at 7:40 a.m.

Today's Ferry Status



Book Your Accommodation in Advance

Same-day bookings are often unavailable on remote islands.

Accommodation Information → p.4

Secure Transportation in Advance

As there are no buses or taxis on Izena Island, we recommend reserving a rental car or bicycle in advance.

Reservations: Izena Rent-a-Car → p.9

Other Important Notes

Important Notes

- Please do not walk around the village in your swim suit.
- Do not enter private property to take photos of homes without asking.
- There are no lifeguarded beaches. Swim carefully at your own risk.
- After fishing or camping, put out fires and take all trash with you.
Garbage Disposal → p.11
- Plan Your Meals. There are few restaurants and no convenience stores.
- Some restaurants may be closed without notice.
- No pharmacies on the island. Please bring your own medications.



OKINAWA
IZENA ISLAND

STAY

Where Should You Stay on Izena Island?

Here are some recommended accommodations on the island.

For more details, please visit the "Stay" page.



meal



Wi-Fi



Free Pick-up
Available



kitchen



CASHLESS PAYMENT



CREDIT CARD



CASH ONLY

Mishima



☎0980-50-7111/ 177-8 Nakada
In front of Nakada Port Terminal.
Breakfast and dinner available.

Maekawa



☎0980-45-3350/255 Nakakda
Cozy, nostalgic inn that also operates a local
shop. Breakfast and dinner available.

Maeda



☎0980-45-2296/ 136-2 Nakada
Next to the Nakada Community shop.
Breakfast available.

GUEST HOUSE UEZATO SHOTEN



☎090-1081-5628/5066 Shomi
A top-rated guesthouse run by the friendly owner,
Limited to three twin rooms.

Nakagawa-kan



☎0980-45-2100/ 743-4 Nakada
A sister inn of Izumiso, located in the
center of the island. Dinner hall for Izumi-
sou and Nakagawa kan.

Izumi-sou



☎0980-45-2028/1167, Nakada
A sister inn of Nakagawakan.
Breakfast hall for Izumi-sou and Nakagawa kan.

Takarano shima



☎0980-45-2334/3364-22 Izena
In front of Izena Beach, in front of beautiful
sunset views.

Tanpopo



☎0980-45-2198/4995 Shomi
Friendly atmosphere. Room-only stays; meals
available upon request.

GUEST HOUSE · RENT HOUSE

COMMUNITY HALL INFO



MEKARUKE BETTEI
 ☎070-5402-1889
 752 Izena
 Entire house rental



TAKARANO YADO
 ☎080-3986-0371
 739-1 Izena
 Beachfront Cottage



IZENA BEACH HOUSE
 ☎070-3995-8051
 3364-3 Izena
 Beachfront guest house



MOROYA
 ☎ 0980-45-2435
 4695 Shomi
 Whole house rental
 homestay with meal



TAROYA
 ☎080-5913-7729
 3504-14 Izena
 homestay with meal



IRIKAMIDA
 ☎090-1951-3270
 4945-6 Shomi
 share house/ homestay



Shomi
 ☎0980-45-2992/4947 Shomi



Izena
 ☎0980-45-2588/739-1 Izena



Serikyaku
 ☎0980-45-2349/2621-12 Serikyaku



Uchihana
 ☎Call 0980-45-2435(Izena Tourism)
 3051-77 Uchihana



KANASA
 ☎090-8290-7291
 1545 Serikyaku
 Share house

Community hall information



Fee : 3,000yen/Adult 1,000yen/child
 AC 1 h 100yen (cash)
 Kitchen、 other facilities
 Parking、 laundromat

Community hall reservations are made through the local village head. Availability may be limited due to community events.

※Camping rental available→





Are There Restaurants on Izena Island?
 From lunch spots to izakaya and night venues, we introduce
 places to eat and enjoy the evening.
 For more details, please visit the "Eat" and "Night Out" pages.



DRINK
EAT
LUNCH



LUNCH IKANAI?
Onaka Sute



**RESTHOUSE
 KAMIYAMA**

HOURS: 11:00~14:00
 CLOSED: MON & 2ND
 TUE
 ADDRESS: 764
 NAKADA
 ☎0980-45-2016

**CASHLESS
 ACCEPTED**



**NUDLE CAFE
 TAIYO SHOKUDO**

HOURS: 11:00~15:00
 CLOSED : TUE
 ADDRESS:
 1542 SERIKYAKU
 ☎0980-45-2120



HANAHANA

DAILY
 1000YEN LUNCH
 HOURS 11:30~14:00
 CLOSED : SAT,SUN
 ADDRESS:
 5005 SHOMI
 ☎090-8294-8651

BENTO



SHIMANU BAITEN

HOURS 08:00~14:00
 ☎0980-45-2781

**CASHLESS
 ACCEPTED**



JA SUPER MARKET

HOURS 09:00~19:00 (MON-FRI)
 09:00 17:00 (SAT)
 CLOSED : SUN/☎0980-45-2722

**CCREDITCARD
 ACCEPTED**



JF CHOKUBAISHO

HOURS 11:00~15:00
 CLOSED : SAT,SUN/☎0980-45-2217



TAKARAYA

HOURS 07:00~20:00
 ☎0980-45-2920

**CCREDITCARD
 ACCEPTED**

KUKUNA

HOURS
 11:00~15:00 TUE-THU
 11:00~17:00 FRI, SAT
 CLOSED: SUN, MON
 ☎080-8953-1938



YAKITORI SHINSUKE

FOOD TRACK
MON NAKADA/TUE UCHIHANA/WED
SHOMI/THU SERIKYAKU/FRI IZENA
HOURS 17:00~CLOSED : SAT SUN
☎080-6492-5417

Izakaya dinner

RESTHOUSE KAMIYAMA



HOURS
17:30~22:00
CLOSED MON,2ND
TUE
ADDRESS:764
NAKADA
☎0980-45-2016
**CASHLESS
ACCEPTED**

SWEETS & BAKERY



KASHINOSHIMA KAMIYAMA

BAKERY, PASTRY, CAKE, COFFEE,
HOURS 12:00~19:00 **CASHLESS**
14:00-(CAKES) **ACCEPTED**
CLOSED : MON,SAT,SUN,HOLIDAY
☎0980-45-2363



YAMA

HOURS
18:00~21:00
CLOSED: SUN
ADDRESS: 177-14
NAKADA
☎0980-45-2990



MESHISPO GOLSEN

HOURS:
18:00~23:00
L/O 21:30
ADDRESS:32
NAKADA
☎0980-43-0330



**CASHLESS
ACCEPTED**

SIMPLE IZAKAYA AMAGI

KARAOKE 21:00-
HOURS:18:00~24:00
CLOSED:MON,THU
ADDRESS: 3872-1 SHOMI
☎090-1951-3270



**CASHLESS
ACCEPTED**



OYATSU KOMATSU

SCONE, COOKIES, MUFFINS
HOURS THU,FRI 15:00~
SAT 13:00-
CLOSED : SUN,MON,TUE,WED



HANAKUHI

KARAOKE
17:00~00:00/CLOSED : WED
ADDRESS 2624-16 SERIKYAKU
☎0980-45-2108



NAKAYUKUI

KARAOKE
HOURS 18:00~24:00
CLOSED -
ADDRESS 2651-13 UCHIHANA
☎090-8290-3555



NUDLE CAFE TAIYO

RICE FLOUR WAFFLES, CAKES, COFFEE
HOURS:11:00~15:00-
CLOSED : TUE
☎0980-45-2120

Let's night out♪

IZENA ROCK HOUSE



LIVEHOUSE MUSIC BAR
HOURS 19:00~/ADDRESS 4750 SHOMI
TEL:080-6496-9435

SNACK MARIN HOUSE A



KARAOKE PUB
HOURS 20:00~/ADDRESS 3364-2 IZENA





ACTIVITIES

Marine Activities

~INTRODUCING MARINE GUIDE~

LICENSED AND REGISTERED



DIVING AND
BOAT SNORKEL
BY
IZENA
MARINESERVICE
GUIN

©0980-43-9984

LICENSE
PADI



FAMILY / PRIVATE
BOAT
SNORKELING BY
LUANA • PUDDLE
SPORTS

©090-2249-2783

LICENSE
BSAC



BEACH ENTRY
SNORKEL BY
IZENA
OUTDOOR
COMMUNITY

©090-1951-
3270

LICENSE
OMS



SUP CRUISE
LUANA •
PUDDLE
SPORTS

©090-2249-
2783

LICENSE
BSAC



Boat Fishing



YAGUNA

▶CAPTAIN NAKA
©090-2587-2303



WEB SITE



MAEDA MARU

▶CAPTAIN MAEDA
©090-8291-1153



KAMIKAMI GO

▶YOUTUBE
KAMIYAMA LIGHT GAME
CAPTAIN KAMIYAMA



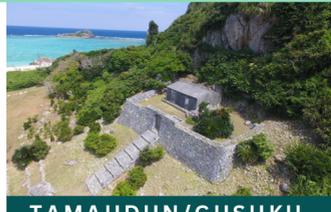
RESERVATION

Explore Scenic Views, Historic Sites & Photo Spots ♪



MEKARUKE HOUSE

★ National Important Cultural Property
A historic Ryukyuan wooden house preserved from the Ryukyuan Kingdom period.



TAMAUDUN/GUSUKU

★ National Important Cultural Property
Royal tomb of King Shō En's family, a sacred site similar to Shuri Tamaudun.



FUKUGI TREES STREET

A magical village surrounded by fukugi tree-lined streets. One of the rare places in Okinawa where many fukugi trees and stone walls remain.



HEART-SHAPED CORAL

Visible on sunny afternoons at about 100cm tide. Spot it for extra luck in love! ♡



AHARA UTAKI

The island's most sacred site. According to legend, the sun goddess Amaterasu descended here, making it a powerful spiritual place.



IZENA BEACH /SUNSET

A beach perfect for camping and swimming. Enjoy beautiful sunsets here all year round!



KAMI NO IWAZA

A rock extending from the mountainside. A scenic power spot where you can feel as if you are standing among the gods.



OBSERVATION DECKS

Panoramic views of Futamiga-ura and its clear coral waters.

Shirasagi Observation Deck



Gitara Observation Deck



FOLKLORE MUSEUM

Displays important cultural items from the Shell Mound period and the Ryukyuan era.

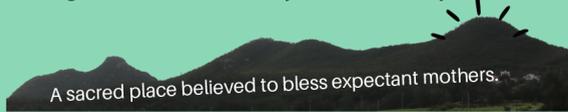


UNA PARK/MIIOSO

King Shō En's Birthplace
Erected statue for his 580th birthday. Miioso: sacred site of his buried umbilical cord.

K-Cars, Motorbikes & E-Bikes
Izena Reant-a-car
0980-45-2394

A magical view where Shiroyama meets Chijin-dake.



More fun Activities !



BEACH CAMPING

Free Campsite. Gear Rentals Available



GLASS-BOTTOM BOAT

H • Y MARIN
 ©090-3414-5071
 ©070-3995-8051



E-BIKE CYCLING

IZENA RENT-A-CAR
 ©0980-45-2394
 ☎8:00~17:15
 ☎13:00~15:00



TOUR GUIDES

Discover Hidden Gems Safely!



KUBA LEAF CRAFT

H • Y MARIN
 ©090-3414-5071
 ©070-3995-8051



ADAN LEAF BANGLE WORKSHOP

KOALANI
 ©080-5913-7729



MAKE FRESH JUICE FROM SUGARCANE

IZENA OUTDOOR COMMUNITY
 ©090-1951-3270



WATER TAXI

BOOK YOUR ACTIVITIES IN ADVANCE. - SPACE IS LIMITED

The fastest and most convenient way to reach nearby Iheya Island.

PRICE →



- H • Ymarin (Higa) ©090-3414-5071
- Ryubi (Maeda) ©090-9592-9254
- Yaguna (Naka) ©090-2587-2303



STARGAZING

Take a walk under the starry sky and spot the Milky Way and shooting stars.
 Safe—no habu snakes!



RELAX AND WATCH THE SUNSET

At Izena Beach or Shinuguij Beach, just lie back, relax, and watch the sun sink into the horizon.



WATCH THE SUNRISE

Morning Views to Brighten Your Luck.

Protect the Island – Follow the Rules

What Should we do with Trash?

There are no trash bins at leisure spots to prevent illegal dumping and keep the island clean. Please take your trash home and dispose of it properly. Never leave garbage behind!

① Buy a sticker

- ▶ Burnable
- ▶ Recyclables
- ▶ Non-Burnable

Trash stickers are sold at stores for 50yen each.



② Sort Your Trash

- ▶ Burnable
- ▶ Cans / PET Bottles
- ▶ Non-Burnable

Remove caps and labels from PET bottles and dispose of them as burnable trash.

③ Take to Designated Spot

Use the Trash Bins at Nakada Port Terminal

Attach a sticker before taking your trash to the bins at Nakada Port Terminal.



No Illegal Dumping! !



how to sort



~Follow the Rules and Enjoy Respectful Tourism~



No fires on grass.



No firework litter.



Never Leave Fishing Trash.



No swimwear in town.



Solo snorkeling without a guide is not recommended.



Do not waste water at public facilities.



Do not remove wild plants.



BUY

Where Can You Shop on Izena Island?

There are no convenience stores, but you can visit local shops and find recommended souvenirs. For more details, please visit the "Shop" page.



Visit the Local Store "Machiyaguwa" for Shopping!



SHIMANU BAITEN

SOUVENIR SHOP AT THE TERMINAL

Hours:08:00~14:00

Address 177-7 Nakada

☎0980-45-2781



NAKADA BAITEN

Daily Goods / Food

Hours:

09:00~20:00 (Summer)

09:00~19:00 (Winter)

Address: 44 Nakada

☎0980-45-2005



JA SUPER MARKET

JA Supermarket -
Bento Available

09:00~19:00 (平日)

09:00~17:00 (土)

CLOSED : SUN

ADDRESS:1165 NAKADA

☎0980-45-2722



YOSHIDA STORE

Supplies, Daily
Necessities & Deli Items

11:00~21:00

CLOSED : MON

ADDRESS:417-1 SHOMI

☎0980-45-2608



TAKARAYA

ISLAND'S EARLIEST
STORE - BENTO

AVAILABLE

07:00~20:00

ADDRESS:3051-68

☎0980-45-2920



KANEMOTO

NEAR BY IZENA
BEACH

08:00~20:00

ADDRESS 3365-30

☎0980-45-2466



MAEKAWA

LOCATED ON THE
GUESTHOUSE
PROPERTY

09:00~20:00

ADDRESS:255NAKADA

TEL:0980-45-3350



CASHLESS PAYMENT



CREDIT CARD

CASH ONLY

Shops on remote islands may close unexpectedly, so please check in advance.

Phones may be hard to reach during business hours.

Izena Island Specialty Products

~Introducing Popular Items at the Shimanu Souvenir Shop~



AWAMORI SAKE

Popular varieties include Kanamaru, Tokiwa

📍 Izena shuzo



KING COOKIES

Izena Wheat Cookies – Freshly Baked Bread & Cakes Available
📍 kashinoshima kamiyama



SHOEN NO SATO RICE

Rice farming has flourished since the time of King Shō En. “Shōen no Sato”
📍 JA Izena Branch



OYATSU KOMATSU

Popular Souvenirs: Izena Seaweed Crackers & Baked Goods
📍 OYATSU KOMATSU



ISLAND SEAFOOD

A wide variety of seafood caught around Izena Island, including items rarely found in regular supermarkets.
📍 at terminal



GUIN'S SEAWEED

Locally Grown Asa Seaweed Products. Fresh & Dried Asa from Izena
📍 Izena marine service guin



GENKI KENKYU JO

Famous for rice-based dishes, Taiyō Shokudō also uses noodles. Macaroni, pasta, and pickled vegetables are so popular they sometimes sell out.
📍 Island Genki Laboratory



DONATE PAGE

FURUSATO TAX

Through hometown tax donations, Izena Village in Okinawa shares the island's charm nationwide. Enjoy Local Gifts & Help Protect the Island



LOCAL EVENT

January Sugarcane Processing Season (Late December–March)
February Rice Planting
MARCH “15 no Haru” (Coming-of-Age & Leaving the Island)

APRIL

Beginning of April

Kujinu shimi

A royal memorial festival that began in 1870. Izena Island is the only place outside Shuri where it is held. The Izena royal tomb opens to the public during the event.



MAY Golden vacation camping season

JUNE

Sea God Festival

YUKKANUHI

Held on the 4th day of the lunar May, fishermen give thanks to the sea and pray for a good catch and safe voyages. On the weekend, traditional dragon boat races are held at Izena Beach.



JULY Rice Harvest Season

UNNA

Held in four villages starting on the 15th day of the lunar June. A lively festival loved by visitors—drink, sing, and dance with locals all night. Official dates are announced each May on the Izena Island Tourism Association's website and Instagram.



SHINUGU

Boys visit homes in each village to ward off evil and pray for good harvests, prosperity, and health.



Late July or Early August

KING SHOEN ESTIVAL

AUGUST

A two-day festival featuring sports exchanges, live music, Izena Shōen Taiko performances, fireworks, a prize lottery, and food stalls by local businesses.



HONEN Festival

SEPTEMBER

A harvest festival held in each village. Enjoy Eisa dancing, traditional performances, and shows by local children. You can also watch Eisa practice at the community halls before the festival.



Early to Mid November

NOVEMBER

IZENA88 TRIATHLON

A middle-distance triathlon is held on Izena Island, featuring a 2 km swim, 66 km bike ride, and 20 km run. The scenic course lets athletes enjoy the island's natural beauty. After the race, a friendly party with local islanders, food, and stage performances is a memorable highlight.



DECEMBER

Early December–Mid January

Christmas Illuminations

In Case of Emergency on Izena Island

What should you do if a natural disaster occurs on Izena Island?

Stop all activities immediately and follow instructions from the emergency broadcast system.
Evacuate as directed.



Emergency Contacts

- Local police • • 110 (POLICE DEP)
- Fire/Ambulance • • 119 (FIRE DEP)
- Maritime accident • • 118 (Coast Guard)

Okinawa Multilingual contact center



Tsunami Evacuation Site—



What If You Get Sick or Injured?



For after-hours emergencies, call **119**

There is only a small clinic on Izena Island, and emergency patients may need to be transported by helicopter. Please be sure to bring your health insurance card and any regular medications, just in case.

Stay Safe and Prevent Accidents ! Never swim alone ! Make sure you have a way to communicate ! Tell someone where you are going.

If a Water Accident Happens

For unconsciousness or medical emergencies, call **119**

For missing persons at sea or water accidents, call **118**

The other contact information

Izena Tourism Association	0980-45-2435	Izena Rent-a-car	0980-45-2394
Izena village ferry office	0980-45-2534	Izena village office	0980-45-2001
Izena Police department	0980-45-2034	Gas station	0980-45-2518
Ferry terminal ticket counter	0980-45-2002	Unten ticket counter	0980-56-5084

Gushikawa island



Yanaha island



IZENA VILLAGE

Title	Izena Island Guide Book
Written by	Izena Tourism Association
Published by	Izena Village Office
Office	177-7 Nakada Izena vill.Okinawa
Phone	0980-45-2534
Publication Date	3/1/2026
Copyright	2026 IZENA vill
Photo Credits	©Izena Tourism Association



IZENA VILLAGE



Izena Tourism Association

